|                                      |   | Army College o  | f Medical Scienc   | es, Delhi Cantt   |   |                        |  |                             |  |
|--------------------------------------|---|---|--|---|---|------------------------|--|-----------------------------|--|
|                                      |   | Foundation Cours  |  |   |   |                        |  |                             |  |
|                                      | 0800-0900hr   | 0900-1000hr   | 1000-1100hr  | 1100-1200hr   | 1200-1300hr   | 1                      | 1400-1500hr  | 1500-1600hr                 |  |
| Monday<br>Oct 14<br>2024             | Welcome Address,<br>Vision/Mission of institute<br>DEAN ACMS(FC1.4)   | Rules and regulations of the<br>institution REGISTRAR ACMS<br>OIC ACAD & Hostel<br>Wardens(FC1.4)   | 1000-1030hr-Introduction<br>& Ice breaking session<br>Phase I faculty & Student<br>Counsellor (FC1.5)<br>10:30-1100hr- Tea | Visit to Phase I Deptts 1<br>Rep from each Deptt<br>(FC1.5)   | Roles of an IMG & relate<br>it to the societal impact<br>MEU(FC1.2) | 3<br>0-<br>1<br>4<br>0 | FORMAL INTRODUCTION Path   |                             |  |
| 2024                                 | Role of doctors in the<br>society and their impact<br>Phy Dr Navpreet(FC1.1)  | Expectations of the students<br>from the Nation, society,<br>Institution, peers, colleagues<br>and patients and vice versa<br>ENT (FC1.3) | Overview of MBBS<br>curriculum, its structure<br>and outcomes & its<br>relation to the career<br>pathways MEU (FC1.7)      | Principles of family practice<br>OBG Dr SK Gulati (FC1.9)   | History of Medicine<br>GenMed(FC 1.10)                              | 0<br>hr                | WORLD ANATON   | <u>NY DAY ACTIVITY ANAT</u> |  |
| Wednesda<br>y Oct16<br>2024          | Visit to Phase II Deptts (1<br>rep from each deptt) (FC<br>1.5)   |   | Professionalism & ethics<br>among health care<br>professionals FMT (FC 4.1)  | Follow Bio-safety& universal precautions (FC2.3) &<br>use of personal protective equipment (FC 2.5) Dr<br>Preeti & All Deptt of Micro |   |                        | Sports- Sports Committee   |                             |  |
| Thursday<br>Oct 17<br>2024<br>ONLINE |   | onstrate use of local language in patient and peer<br>interactions <mark>Anatomy(FC 5.2)</mark>   |  | Value, honesty & respect during interaction with<br>peers, seniors, faculty,HCW & patients BIO CHEM (FC<br>4.3)                       |   |                        | Demonstrate ability to communicate<br>with patient & families, be aware of<br>barriers to communication & appropri<br>ways to respondPHY (FC 5.1) Dr Ritu &<br>Athul |                             |  |
| Oct18                                | Consequences of<br>unprofessional & unethical<br>behavior FMT (FC 4.1)  | Demonstrate proper hand washing <u>Dr Sanjay &amp; All</u><br>Deptt of Micro (FC 2.5)   |  | Perform Basic Life support inAdults GEN<br>MED (FC2.1)  |   |                        | Sports- Sp   | oorts Committee             |  |
| Saturday<br>Oct 19<br>2024           | Visit to Phase III Deptts-BHDC Dr Amit,Dr Aditi/DrSunita<br>Dr Sachin Chaudhary,Dr Neha, Dr Poornima/DrDeepika<br>(FC1.5) |   | Discuss disability<br>competencies Ortho (FC<br>4.5)   |   | <u>EXTRA CURRICULAR</u><br>ACTIVITY <b>PHY</b>                      |                        |  |                             |  |
|                                      | 1. Venue for all days and times is Auditorium (except Outdoor sports)   |   |  |   |   |                        |  |                             |  |
|                                      | 2. CLASSES WILL BE  |   |  |   |   |                        |  |                             |  |
|                                      | 2. Faculty are requested to   |   |  |   |   |                        |  |                             |  |
|                                      |   |   |  |   |   |                        |  |                             |  |
|                                      | 3. Please give 10 min towar   |   |  | 1   |   | 1                      |  |                             |  |
|                                      | 4. Please encourage creativ   | ity and freedom to express du   |  |   |   |                        |  |                             |  |
|                                      | 4. Please encourage creativ   |   |  |   |   |                        |  |                             |  |

|                            |   | Army Colleg   | e of Medical Science   | s, Delhi Cantt  |   |          |   |   |  |  |
|----------------------------|---|---|--|---|---|----------|---|---|--|--|
|                            |   | Foundation Course (Batch 2024) Timetable Week-2   |  |   |   |          |   |   |  |  |
|                            | 0800-0900hr   | 0900-1000hr   | 1000-1100hr  | 1100-1200hr   | 1200-1300hr                                   | 13<br>00 | 1400-1500hr                                 | 1500-1600hr   |  |  |
| Monday<br>Oct 21<br>2024   | Yoga and meditation in personal health<br>Anatomy(FC4.8)  |   |  |   |   |          |   |   |  |  |
| Oct 22                     | ways of Time management PSYCH Dr Harish<br>Chandra(FC 4.9)  | stress management and risk taking behavior Dr Anisha  | Understanding & respect of<br>cultural diversities and interact<br>with those with different cultural<br>values PHARMAC(FC4.6) | Perform Basic Life support in Chi   | ildren & Infants <mark>Paeds⊛ (FC 2.1)</mark> | hr       | Basic computer<br>skills BIOCHEM<br>(FC5.4) | Demonstrate<br>ability for<br>accessing online<br>resources<br>BIOCHEM (FC 5.5) |  |  |
|                            | Immunization requirements of Health care<br>professionals ComMed(FC 2.8)  |   | f the process of group<br>namics <mark>BIO CHEM(FC 4.12)</mark>  | Demonstrate Biomedical Waste segregation(BMW),<br>observe & explain the process of management of BMW in<br>accordance with National Regulations MicroDr Sanjay & All<br>Faculty(FC 2.7) |   |          | Sports- Sport                               | ts Committee  |  |  |
| Thursday<br>Oct 24<br>2024 | 1 0 07  |   | Appropriate response to needle<br>stick injuries SURGERY (FC 2.6)  | EXTRA CURRICULAR ACTIVITY Path (GUEST LECTURE)  |   |          |   | ty to communicate<br>ish Phy ( FC 5.3)Dr<br>Dr Athul                            |  |  |
| Friday<br>Oct25<br>2024    |   | Importance of interpersonal<br>relationship while working in<br>a health care team OPTHAL Dr<br>Neha(FC 4.10) | self-directed learning   | Uderstanding of different methods of<br>self-directed learning Pharma(FC4.14) Alternate systems of Medici<br>BIOCHEM (FC 1.10)  |   |          |   | ty to communicate<br>sh Phy ( FC 5.3) Dr<br>ra & Dr Athul                       |  |  |
| Oct 26<br>2024             | Understanding that compassion, altruism,<br>integrity, duty, responsibility and trust are<br>the core values that defines the nature of<br>the physician's work ANATOMY(FC 4.2)   |   | Significance of documentation in patient care and the proper method of documentation Pharmac (FC2.9)                           |   | s Committee                                   |          |   |   |  |  |
|                            | 1. Venue for all days and times is Auditorium (except Outdoor sports)     2. Faculty are requested to ensure that objectives are clearly explained to the students     3. Please give 10 min towards the end of the session for reflection writing. |   |  |   |   |          |   |   |  |  |
|                            | 4. Please encourage creativity and freedom to<br>5. Attendance of students to be recorded for   | express during the activity   |  |   |   |          |   |   |  |  |